



Teen Dating Violence— Recognizing the Signs



Types of Domestic Abuse

- Intimate Partner Violence (IPV) may be referred to as Domestic Abuse/Violence, Relationship Abuse/Violence, or a similar name.
- IPV is a pattern of assaultive and coercive behaviors used by the perpetrator to control their partner.
- IPV can occur in any type of dating, marriage, or other intimate relationship regardless of a partner's sexual orientation or gender identity
- Types of abuse may include
 - Physical
 - Sexual
 - Emotional
 - Verbal
 - Financial
 - Stalking/Harassment

Many signs individuals are conditioned to interpret as caring, attentive, and romantic can be early warning signs of future abuse.

INTRUSION:

- Constantly asks where you are going and/or with whom
- Looks through your phone/social media and/or wants to share passwords

ISOLATION:

- Insists that you spend all or most of your time together
- Cuts you off from friends and family
- Discourages you from participating in clubs or activities you enjoy






POSSESSION AND JEALOUSY:

- Accuses you of flirting/having romantic relationships with others
- Monitors your clothing/make-up/appearance

NEED FOR CONTROL:

- Displays extreme anger when things do not go their way
- Attempts to make all of your decisions

UNKNOWN PASTS / LACK OF RESPECT FOR OTHER GENDERS/IDENTITIES:

- Secretive about past relationships
 - Refers to women/other gender identities with negative remarks
 - Calls all their exes “crazy” or other derogatory term(s)
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How do I recognize the signs?

A teen experiencing abuse may:

- Make changes in their daily rituals
- Retreat from school or activities
- Experience isolation from friends
- Make changes in clothing/appearance
- Wear clothing inappropriate for the weather in order to hide injuries
- Have visible marks or bruises
- Spend excessive amounts of time with the person they're dating

