

Urgent Nights of Safety Requests

Ready to eat microwavable food (non-refrigerated)- ravioli, macaroni & cheese, soup, etc.



Snacks- individual pudding, applesauce, granola bars, snack crackers, chips



Beverages- bottled water, juice boxes, powdered drink mix (lemonade, tea, fruit drinks, etc.)



Miscellaneous- canned meats (tuna, chicken, etc.), freezer bags (various sizes), individual packets of ketchup, salad dressings, or condiments



Please contact Shoneka at 314.993.7080 ext. 103 or sburnett@alivestl.org for more information or to arrange your donation. If you are interested in volunteer opportunities, please email Kylee at kmattoon@alivestl.org. Thank you for supporting ALIVE! ♥ www.alivestl.org

Nights of Safety

Since 1983, ALIVE'S unique Nights of Safety program has offered safe emergency shelter, transportation, and other critical needs to families impacted by domestic abuse. Partnering with confidentially located motels, Nights of Safety serves clients in danger when the area's limited traditional shelter space is unavailable. During our fiscal year ending in March, ALIVE provided 7,694 nights of safety bed nights to 546 domestic abuse survivors and their 907 children. Utilization of these lifesaving services continues to escalate, and we're asking for your help to ensure our clients' basic needs are met. Your gift of food, personal hygiene items, medicine, transportation resources, and/or financial support helps build safe, healthy, hopeful futures.

Quick and easy ways to help

- ❖ FOOD (see requests to the left).
- ❖ GIFT CARDS to grocery, discount, or drug stores help provide clients with fresh foods, personal items, medicine and other needs.
- ❖ BUS PASSES and GAS CARDS help clients get to safe shelter, work, school, healthcare and other critical destinations.
- ❖ MONETARY DONATIONS help ensure ALIVE can meet this year's record need for emergency shelter services.

Click the DONATE button at www.alivestl.org to securely donate on-line.

Love ♥ ALIVE
shouldn't hurt. can help.